

healthy body reset



If you are a new patient please also fill out the Adult New Intake Form.

Consent for Treatment with HCG

My signature below warrants that I have completed this questionnaire truthfully and accurately. My records will be kept confidential. I understand that Dr. Pierce is providing services to me related specifically for, and only to, the issue of medically supervised weight loss. The interview with the physician is related only to the area of medically supervised weight loss. The doctor's examination does not represent a complete history and physical or any other area of medical practice. Other health issues will need to be addressed in office visits outside of the Healthy Body Reset Program.

Signature: _____ Date: _____

Please initial each section to indicate that you understand each topic.

Proposed Treatment

The Healthy Body Reset Protocol is for the reduction of excessive weight. A key component of the protocol is the use of HCG (Human Chorionic Gonadotropin). The use of HCG for weight loss was first identified by A.T.W. Simeons, M.D. in the 1960s. The publication of his book, *Pounds and Inches The New Approach To Obesity* in 1969 has made his protocol available globally. The therapeutic protocol used in this program does not exceed the HCG dosing recommended by Dr. Simeons. This protocol does include dramatic calorie restriction during the rapid weight loss phase.

Initials: _____

Risks and Complications

Possible side-effects of weight loss and detox may include transient headache, and/or temporary low blood sugar, irritability, fatigue and low energy. Clients with diabetes who are on medication or insulin may require a decrease in the dosage of medication as they lose weight because of a natural improvement in blood sugar levels. For clients who are prone to low blood sugar there is a risk that blood sugar may become low at different times during the day. For clients with high blood pressure who are on medication there is always a concern that they may require a decrease in the dosage of medication as they lose weight because of a natural improvement of blood pressure.

With any low calorie diet there is always possible risk of gallbladder stones forming. Gout symptoms may also be aggravated on this program.

Initials: _____

Pregnancy and Breastfeeding (female client)

The use of HCG in the doses used in our protocol will not have any known effect on the client's ability to become pregnant. We do not start treatment on a pregnant woman. If a client becomes pregnant during the treatment she is to notify our office and discontinue treatment during pregnancy and breastfeeding. Treatment will not be started while a woman is breastfeeding. By signing this consent I assert that I am not pregnant or breastfeeding.

Initials: _____

Additional Nutrients

In addition to the HCG which will be prescribed, Dr. Pierce may recommend the use of additional nutritional substances to help further stimulate fat metabolism and mitigate any side effects of the detox and diet. Any additional supplements will be individually evaluated and may include vitamins, minerals, herbal formulations, and any essential and non-essential nutrients that work in conjunction with the HCG.

Initials: _____

I have carefully read and initialed the preceding sections of this consent for treatment with HCG. I understand that the use of HCG for weight loss has not been approved by the Food & Drug Administration. My questions have been answered satisfactorily by the doctor and doctor's associates at this time. With this knowledge, I voluntarily consent to the use of homeopathic HCG. I realize that Boise Natural Health and Dr. Nicole Pierce, N.D. have made no absolute guarantees to me regarding cure or improvement of my condition. I understand that I am free to discontinue participation in this treatment program at any time.

Patient Signature: _____

The Following Disclaimer Is Required By The FDA:

HCG has not been demonstrated to be effective adjunct therapy in the treatment of obesity. There is no substantial evidence that it increases weight loss beyond that resulting from caloric restriction, that it causes a more attractive or "normal" distribution of fat, or that it decreases the hunger and discomfort associated with calorie-restricted diets. The FDA has not approved HCG for weight loss.

Patient Signature: _____